



# Yoga with Karen

## Beginners Flow Classes

Practise yoga with me  
in a welcoming, safe  
and supportive  
environment

Mossy Lea Village Hall  
Tuesdays, 6.15-7.15pm  
Starting 3rd May 2022

£6 per class

Places available: 10



Contact me to book your place or for more  
information :

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Phone: 07724 576091

Website: [www.one-simple-thing.com](http://www.one-simple-thing.com)

Or book your place here:

<https://bookwhen.com/yoga-with-karen>

