



Coronavirus Isolate your household Stay at home

If you or anyone in your household has a high temperature or a new and continuous cough – even if it's mild

- Everyone in your household must stay at home for 14 days and keep away from others.
- **DO NOT** go to your GP, hospital or pharmacy.
- Protect older people and those with existing health conditions by avoiding contact.

Find out how to isolate your household at nhs.uk/coronavirus



